

## NEW PATIENT HISTORY

Patient's Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Last First Middle

Primary Care or Referring Physician: \_\_\_\_\_  
Name Address

How do you hear about our office?

- Referred by physician: (name): \_\_\_\_\_
- Referred by family or friend
- Facebook
- Advertisement
- Internet
- Other: \_\_\_\_\_

Please check Yes or No:

| Symptoms            |  |
|---------------------|--|
| Cough?              | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Wheeze?             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Tight Chest?        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Fatigue?            | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Shortness of breath | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Eye Symptoms |  |
|--------------|--|
| Itching?     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Watering?    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Redness?     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Puffiness?   | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Nasal Symptoms                  |  |
|---------------------------------|--|
| Nasal Drainage?                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Sneezing?                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Stuffy nose?                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Mouth Breathing?                | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Itch of the roof of your mouth? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Snoring?                        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Sinus Headache?                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Ear Symptoms |  |
|--------------|--|
| Itching?     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Infections?  | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Skin Symptoms |  |
|---------------|--|
| Hives?        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Rashes?       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Eczema?       | <input type="checkbox"/> Yes <input type="checkbox"/> No |

**Have you had sinus infections?**  Yes  No  
 If yes, how often? \_\_\_\_\_

**Do symptoms awaken you at night?**  Yes  No  
 If yes, which symptoms and how often? \_\_\_\_\_

**Are you limited in your daily activities?**  Yes  No

**Do you miss days of work/school because of your illness?**  Yes  No  
 How many in the last year? \_\_\_\_\_

**Have you gone to the emergency room because of asthma/allergy episodes?**  Yes  No



## ALLERGY/ASTHMA TRIGGERS

Which of the following trigger your symptoms?

- Certain times of the year?  Yes  No If yes, which times? \_\_\_\_\_
- Open windows?  Yes  No
- Animals  Yes  No If yes, which ones? \_\_\_\_\_
- Cutting grass?  Yes  No
- Food?  Yes  No If yes, which ones? \_\_\_\_\_
- House dust/vacuuming?  Yes  No
- Damp, musty areas?  Yes  No
- Cold air?  Yes  No
- Exercise?  Yes  No
- Irritants? (Perfumes, aerosol sprays, etc.)  Yes  No

**Are you allergic or sensitive to any medications?**  Yes  No

**Have you ever had a life threatening reaction to:**

- Foods:  Yes  No      Insect stings (bee, wasp):  Yes  No      Rubber/latex:  Yes  No

## MEDICAL/ALLERGY TESTING

Have you ever had?

**Chest X-Ray?**  Yes  No

If yes, date of most recent X-Ray: \_\_\_\_\_ Where was test done? \_\_\_\_\_

Results: \_\_\_\_\_

**Sinus X-Ray or CAT Scan of sinuses?**  Yes  No

If yes, date? \_\_\_\_\_ Where was test done? \_\_\_\_\_

Results: \_\_\_\_\_

**Allergy Testing?**  Yes  No

If yes, date of most recent test: \_\_\_\_\_ Where was test done? \_\_\_\_\_

Results: \_\_\_\_\_

**Have you ever taken allergy shots?**  Yes  No

If yes, how long? \_\_\_\_\_ When? \_\_\_\_\_

**Pulmonary Function Testing?**  Yes  No

If yes, date of most recent test: \_\_\_\_\_ Where was test done? \_\_\_\_\_

Results: \_\_\_\_\_

**List your current allergy/asthma medications, including over-the-counter medications:**

| Medication | Dose | How Often? |
|------------|------|------------|
|            |      |            |
|            |      |            |
|            |      |            |
|            |      |            |
|            |      |            |

**List your other medications, including over-the-counter medications:**

| Medication | Dose | How Often? |
|------------|------|------------|
|            |      |            |
|            |      |            |
|            |      |            |
|            |      |            |
|            |      |            |

Have you ever taken prednisone, cortisone or other steroids *(by mouth)*?  Yes  No

**Are you allergic or sensitive to any medications?**  Yes  No

If yes, which ones? \_\_\_\_\_

**FAMILY HISTORY**

Do other family members have asthma, sinus problems, or frequent infections?  Yes  No

If yes, who? \_\_\_\_\_

**PREGNANCY**

Are you currently pregnant?  Yes  No *Not applicable if male, postmenopausal, or child*

Are you planning a pregnancy?  Yes  No

**SMOKING**

Do you currently smoke?  Yes  No

Have you smoked in the past?  Yes  No

If yes, for how many years? \_\_\_\_\_ How much a day? \_\_\_\_\_ When did you quit? \_\_\_\_\_

Does anyone in your home smoke?  Yes  No

Do you drink alcoholic beverages?  Yes  No

If yes, for how many drinks per day? \_\_\_\_\_



## TYPE OF HOME

Single family dwelling  Apartment  Condo  Mobile home

Age of home: \_\_\_\_\_

Is there a basement?  Yes  No

If yes, is it?  Always dry  Rarely leaky  Frequently leaky

Does your basement smell damp or musty?  Yes  No

If no basement, is there a?  Concrete slab  Crawlspace

If yes, which ones? \_\_\_\_\_

## HEAT/AC

Air Conditioning?  Yes  No  Window Unit  Central

Heat?  Yes  No  Gas  Electrical  Radiant  Wood

Humidifier on furnace?  Yes  No

Do you use a fireplace or wood-burning stove?  Yes  No

If yes, how often? \_\_\_\_\_

Do you open windows in mild weather?  Yes  No

Do you have an attic fan?  Yes  No

## BEDROOM

Location of bedroom?  Basement  Ground floor  Second floor or above

Floor cover in bedroom?  Carpet  Tile  Hardwood  Linoleum  Other: \_\_\_\_\_

If carpet, how old? \_\_\_\_\_  months  years Composition, if know: \_\_\_\_\_

Stuffed animals in bedroom?  Yes  No If yes, how many? \_\_\_\_\_

If yes, how many? \_\_\_\_\_

### Mattress

Waterbed  Conventional/Fiber-Filled

Fiber Content: \_\_\_\_\_ Age: \_\_\_\_\_  months  years

### Pillows

Fiber Content:  Polyester-filled  Feather/down  Foam rubber

Age: \_\_\_\_\_  months  years

Do you have a down comforter?  Yes  No

## ANIMAL/PETS

Do you have any?  Yes  No

If yes, kind(s) indoor? \_\_\_\_\_

If yes, kind(s) outdoor? \_\_\_\_\_

How long have you had the animal(s)? \_\_\_\_\_

## HOUSE PLANTS

Do you have any?  Yes  No

If yes, how many and type? \_\_\_\_\_

## MEDICAL HISTORY

### Have you ever had?

- |                           |  |                                  |  |
|---------------------------|--|----------------------------------|--|
| Bronchitis?               | <input type="checkbox"/> Yes <input type="checkbox"/> No | Blood disease?                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Pneumonia?                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Anemia?                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Emphysema?                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Osteoporosis?                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Exposure to tuberculosis? | <input type="checkbox"/> Yes <input type="checkbox"/> No | Bone fractures?                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Positive TB skin test?    | <input type="checkbox"/> Yes <input type="checkbox"/> No | Stomach problems?                | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Other lung disease?       | <input type="checkbox"/> Yes <input type="checkbox"/> No | Ulcers?                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heart Problems?           | <input type="checkbox"/> Yes <input type="checkbox"/> No | Hernias?                         | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heart Attack?             | <input type="checkbox"/> Yes <input type="checkbox"/> No | Eye problems?                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| High blood pressure?      | <input type="checkbox"/> Yes <input type="checkbox"/> No | Cataracts?                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| High Cholesterol?         | <input type="checkbox"/> Yes <input type="checkbox"/> No | Glaucoma?                        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diabetes?                 | <input type="checkbox"/> Yes <input type="checkbox"/> No | Seizures?                        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Kidney disease?           | <input type="checkbox"/> Yes <input type="checkbox"/> No | Have you ever needed oxygen?     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Liver disease?            | <input type="checkbox"/> Yes <input type="checkbox"/> No | Have you ever stopped breathing? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Cancer?                   | <input type="checkbox"/> Yes <input type="checkbox"/> No |                                  |  |

Have you ever been hospitalized?  Yes  No

If yes, give reasons and dates:

| Reasons for hospitalization | Dates |
|-----------------------------|-------|
|                             |       |
|                             |       |
|                             |       |
|                             |       |

Have you ever had surgery?  Yes  No

If so, give reasons/procedures, dates:

| Reasons | Procedure/s | Dates |
|---------|-------------|-------|
|         |             |       |
|         |             |       |
|         |             |       |
|         |             |       |

## REVIEW OF SYSTEMS

Do you currently have:

| Constitutional |  |
|----------------|--|
| Fatigue        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Fever          | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Hematology/Lymph |  |
|------------------|--|
| Loss of appetite | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Swollen glands   | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Musculoskeletal               |  |
|-------------------------------|--|
| Joint pain/stiffness/swelling | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Sciatica                      | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| ENT             |  |
|-----------------|--|
| Loss of Smell   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Hearing Loss    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Ringing in Ears | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Psychology         |  |
|--------------------|--|
| Anxiety            | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Depression         | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Sleep disturbances | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Cardiology   |  |
|--------------|--|
| Chest Pain   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Dizziness    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Palpitations | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Gastroenterology      |  |
|-----------------------|--|
| Abdominal pain        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Difficulty swallowing | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heartburn             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Nausea/Vomiting       | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Ophthalmology        |  |
|----------------------|--|
| Blurring of Vision   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diminished Vision    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Vision Loss          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Difficulty urinating | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Endocrinology         |  |
|-----------------------|--|
| Cold/Heat intolerance | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Excessive thirst      | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Increased urination   | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Endocrinology         | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Dermatology           |  |
|-----------------------|--|
| Hives                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Rash                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Dry or sensitive skin | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Urology                     |  |
|-----------------------------|--|
| Difficulty urinating        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Frequent urination at night | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Neurology   |  |
|-------------|--|
| Memory Loss | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Seizures    | <input type="checkbox"/> Yes <input type="checkbox"/> No |

### PEDIATRIC PATIENTS ONLY

Length of pregnancy? \_\_\_\_\_ months

Were there problems during pregnancy, delivery, or newborn period?  Yes  No

If yes, please explain: \_\_\_\_\_

Birth weight? \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Has your child had chicken pox?  Yes  No

Has your child had RSV?  Yes  No

Are your child's immunizations up to date?  Yes  No

### RESEARCH STUDIES

Dr. Onder and Allergy and Asthma Consultants, P.C. conduct clinical research studies on new allergy and asthma medications.

Would you be interested in you or your child participating in studies of new medications?  Yes  No  Maybe